

ABOUT FIA



In 2003, Friends in Action was founded to support our Hancock County neighbors in living as fully as possible, to remain connected and involved with the community, and to prevent them from feeling isolated and alone.

Our **mission** is to empower older adults and people living with disabilities to thrive and to live independently, with dignity and a strong quality of life.

Friends in Action Staff

McKayla Peers, Executive Director
Mariah Donovan, Development Assistant
Kristoffer Garcia, Transportation Administrative Assistant
Rachel Rediker, Administrative Coordinator
Europa Hagarman, Fitness Instructor
Patricia Jones, Fitness Instructor
Ursula Gammelin, Fitness Instructor

Friends in Action Board of Directors

Charlotte Stetson, President
Candy Gammelin, Vice-President
Mary Ann Lock - Secretary
Kathleen Hughes, Treasurer
Kevin Davidson
Ross Baldree
Min Fons
Edward Griffin
Deb Leavitt
Tammy Nabozny
Chris Popper
Diane Nicholls
Maureen Guinta, *Emeritus*

Friends in Action is "more than just a Senior Center."

OUR PROGRAMS

Friends in Action has three major programs:



TRANSPORTATION

For many of the elderly or disabled residents of Hancock County, getting to a doctor's appointment or to the grocery store can be a challenge. FIA coordinates 70 volunteers who drive over 70,000 miles to take our clients to appointments, stores, and necessary tasks.

FOOD ACCESS

Food is fundamental to human life, but many Mainers do not have enough food to meet their basic needs. FIA partnered with other organizations to deliver food pantry boxes, prepared meals, prescriptions, and pre-ordered groceries directly to clients' door over 5,300 times in 2025. We also serve weekly hot meals at our Senior Center, organize a food drive, and host Nutrition and Aging seminars. In addition, due to the current economic challenges, we are accepting gift cards and donations to help clients purchase additional food items.

SENIOR CENTER

Our Senior Center offers weekly fitness classes, weekly coffee and lunch hours, art classes, and a space for activities, club gatherings, and seminars for about 1,500 seniors and people with disabilities. These social connections are key to a healthy and independent life and reduce the sense of isolation and loneliness that many of our neighbors experience every day. *Due to local organizations ending their programming, FIA has increased the classes and services provided to fill those gaps.*

Friends in Action is "more than just a Senior Center."

FIA 16th Annual Golf Tournament Sponsor

Friends in Action

Business Information

Business Name: _____

Contact Person: _____

Email: _____

Phone: _____

Business Address: _____

Sponsorship Level Selected

- ☐ \$3,000 Premier Sponsor
- ☐ \$2,000 Gold Sponsor - Drink Cart
- ☐ \$2,000 Gold Sponsor - Lunch Box
- ☐ \$1,000 Silver Sponsor - Golf Cart
- ☐ \$1,000 Silver Sponsor - Closest to the Pin
- ☐ \$1,000 Silver Sponsor - Par 5 Dice Roll
- ☐ \$500 Bronze Sponsor - Long Drive
- ☐ \$500 Bronze Sponsor - Putting
- ☐ \$150 Hole Sponsor

Payment Method

- ☐ Check enclosed (payable to Friends in Action)
- ☐ Invoice requested
- ☐ Pay online

Signature: _____

Date: _____



SCAN TO PAY

Return form to:

Friends in Action

PO Box 1446, Ellsworth, ME 04605

Email: director@friendsinactionellsworth.org