



Friends in Action Lunch Menu

November 2023

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| <p><u>Weekly Desserts will be announced at Lunch.</u> <u>Please call us at 207-664-6016 before 4:30</u> <u>Monday and Wednesday to reserve your spot</u> <u>for Tuesday and Thursday</u></p> | <p><u>Thursday, November 7th, 2023</u> <u>Chicken with Rice Pilaf</u> <u>Veggies & Fruit</u></p> |
| <p><u>Tuesday, November 7th2023</u> <u>Chicken with Rice Pilaf</u> <u>Veggies & Fruit</u></p> | <p><u>Thursday, November 9th, 2023</u> <u>Pulled Pork B.B.Q. Sandwich</u> <u>Veggie & Fruit</u></p> |
| <p><u>Tuesday, November 14th, 2023</u> <u>Ground Beef Taco's</u> <u>Flour Tortillas, Veggies & Fruit</u></p> | <p><u>Thursday 16th2023</u> <u>Chicken Fajitas</u> <u>Corn Tortillas, Veggies & Fruit</u></p> |
| <p><u>Tuesday, November 21st2023</u> <u>Turkey, Stuffing, Roll, Mashed Potato,</u> <u>Gravy, Carrots, Cranberry Sauce & Pie</u></p> | <p><u>Thursday 23rd 2023</u> <u>CLOSED</u> <u>HAPPY THANKSGIVING DAY</u></p> |
| <p><u>Tuesday, November 28th2023</u> <u>Sloppy Joe's</u> <u>Veggie & Fruit</u></p> | <p><u>Thursday 30th 2023</u> <u>Chicken Enchilada</u> <u>Spanish Rice, Veggies & Fruit</u></p> |